

# 6 TIPS TO SUCCESSFUL SEED STARTS!

SEEDS*	Approx. Seeds / Flat	In-Bed Spacing in inches
TOMATOES	187	21-24
GREEN BEANS	175	6
LETTUCE	200	9



## 1. Get Flats and Fill with Soil

Acquire 3 seedling flats about 10" X 20" in size. See resources below!

## 2. Space close together

Plant your seeds as close as possible using a hexagonal pattern. This maximizes planting space. Consult the chart above re: # of seeds per flat.

## 3. Use up Seed packet

Seeds have a limited shelf life; try to use all the seeds in a seed packet (using multiple flats if necessary).

## 4. Plant according to size

Plant your seeds as deep as they are large. Poke beans into the soil, then lightly cover over. Lettuce seeds can be carefully sprinkled on the very top of the soil. They need light to germinate

## 5. Wait

Seedlings will emerge in 1-2 weeks.

## 6. Transplant

Make sure your seedlings have 2 sets of "true leaves" before transplanting. Transplant using a "dibber" or "straight-edge shovel" technique. Refer to blog, [Getting Your Plants Started](#)

Resources:

\*Jeavons, John. "How to Grow More Vegetables" (We highly recommend this book for its extensive plant charts. Disclaimer: We do not get a commission on books sold.)

For flats: [www.greenhousemegastore.com](http://www.greenhousemegastore.com), [Amazon.com](http://Amazon.com) or build your own!

[www.growmyownfood.com/permaculture-garden-blog/](http://www.growmyownfood.com/permaculture-garden-blog/)